## BNATP WORLD Issue 1 October 1, 2019

Quarterly News From Nurse Aide Testing Education Coordinators

## Upcoming Events:

October 11- Rend Lake College CNA Conference

October 26 -College of DuPage CNA Symposium Glen Ellyn

February 7, 2020 -Great Escape at William Rainey Harper College Palatine

### Make Plans to Attend The Great Escape

August 2, 2019 SIU Nurse Aide Testing held its 1st Annual Instructor Assembly in Carbondale. The Assembly provided an opportunity to meet and mingle with fellow instructors, participate in The Great Escape, an educational escape room geared toward nursing assistant students, and share an idea used for learning. The next Great Escape will be held in conjunction with the Northern CNAEA meeting on Friday, February 7, 2020 at William Rainey Harper College in Palatine. Plans are in the works to hold an Assembly in conjunction with the Central Region meeting. Stay tuned for more information.



1st Annual Southern Instructor Assembly held August 2, 2019

### Northern Region Lunch & Learn

This fall SIUC kicked off the first-ever Lunch & Learn series of continuing education workshops within the Chicagoland communities. 3.5 hours of CEUs awarded from IDPH. The focus of this event is sharing assessments that work in your program, review of program cluster scores, and creating application level test questions. The first lunch and learn was held September 13 at South Suburban Community College.

"The mediocre teacher tells.
The good teacher explains. The superior teacher demonstrates.
The great teacher inspires."

-William Authur Ward



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# <u>HEADS UP</u>: Before a Monitoring Visit

We are finding the majority of instructor CPR cards have expired. Before your monitoring visit, be sure all of the instructors CPR credentials are up to date in the IDPH Instructor Database. This requires a copy of the updated CPR card to be emailed to Randy Carey-Walden at DPH.BNATP@illinois.gov.

#### **Bathing Without Battle**

Do your students struggle with bathing residents with dementia?
Do you need some tips? This is a useful free course that can provide insight into what it is really like assisting residents with dementia with the bathing process and how to decrease the stress on the nursing assistant and the resident. Bathing Without Battle has a free course you may want to check out. Link: https://bathing.sirs.unc.edu/login

#### Teaching Strategy Corner: Case Methodology

Here is a quick and easy step-by-step guide to use Case Methods as a student-centered teaching approach in your BNATP!

- 1. Set your objectives for the lesson.
- 2. Pick a case or create a case.



#### **Example Case**:

You work the 3-11 shift at Better Days Nursing and Rehabilitation Center and are assigned to care for Mrs. Wyeth. Mrs. Wyeth is obese, has congestive heart failure and pitting edema to her bilateral lower extremities. She is alert to person and place and is incontinent of bladder. Her daughter passed away due to an accident this morning. After hearing this news she has stayed in bed all day. Day shift reported she rarely put on her call light today and ate 100% of breakfast and lunch. Tonight is her scheduled shower, as well as her daily weight. How are you going to approach and communicate with Mrs. Wyeth the care she will need this evening? What are your concerns with Mrs. Wyeth? Is there any care you can omit? How will you provide care while maintaining resident rights, safety, and promoting her health/mental health? Explain.

- 3. Be prepared! Anticipate where students might get stumped. Find out what concepts could be debated. What do you want the students to walk out of the classroom knowing?
- 4. Prepare students! Share expectations of how students can be successful completing a case study. In other words, how do you want them to respond to this case?

#### Put Your Plan into Practice:

- Use a U-shaped arrangement of tables or desks to promote discussion.
- **B.** Use a whiteboard to write down student responses and summarize points.
- C. Have groups present their case and chosen responses.
- Ask questions for clarification, and whole class responses. Acknowledge different points of view. Summarize objectives.

#### Resources

Nilson, L. (2016). Teaching at its best. San Francisco, CA: Jossey-Bass.

University of North Carolina: The Cecil G. Sheps Center for Health Services Research. (N.D.) Bathing Without Battle. Rétrieved from http://bathingwithoutabattle.unc.edu/