

Hartman's

# Nursing Assistant Care The Basics

Hartman Publishing, Inc.  
with Jetta Fuzy, RN, MS

THIRD EDITION

Formerly *The Nursing Assistant's Handbook*



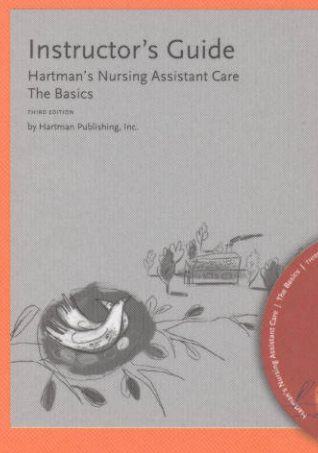
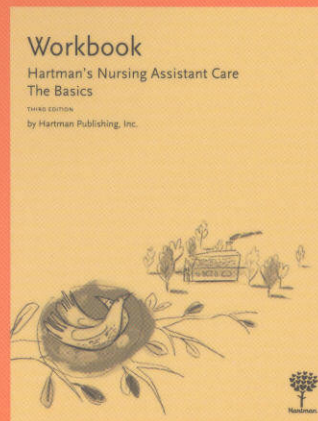
If you would benefit from a brief, focused, affordable, carefully illustrated, full-color text, this book is for you!

OBRA statutes, state regulations, and OSHA guidelines are explained in everyday language. You'll learn essential care skills, what to observe and report about common conditions, how to focus on material needed to pass certification exams, and how to work in long-term care. Information on diseases and related care is now covered together with anatomy and physiology. Rationales are provided for important steps in each procedure to aid understanding. Issues relating to Residents' Rights are highlighted in special boxes.

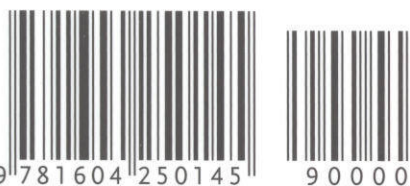
- 1 The Nursing Assistant in Long-Term Care
- 2 Foundations of Resident Care
- 3 Understanding Your Residents
- 4 Body Systems and Related Conditions
- 5 Confusion, Dementia, and Alzheimer's Disease
- 6 Personal Care Skills
- 7 Basic Nursing Skills
- 8 Nutrition and Hydration
- 9 Rehabilitation and Restorative Care
- 10 Caring for Yourself

With a **Glossary** of terms and list of **Abbreviations** for easy reference.

Supporting titles also available from Hartman



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Hartman Publishing began offering in-service education programs to nursing homes and home health agencies in 1994. Today we specialize in textbooks for nursing assistant and home health aide training. Students and teachers using our materials benefit from a company solely focused on educating and inspiring caregivers.

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