

Hartman's

# Nursing Assistant Care

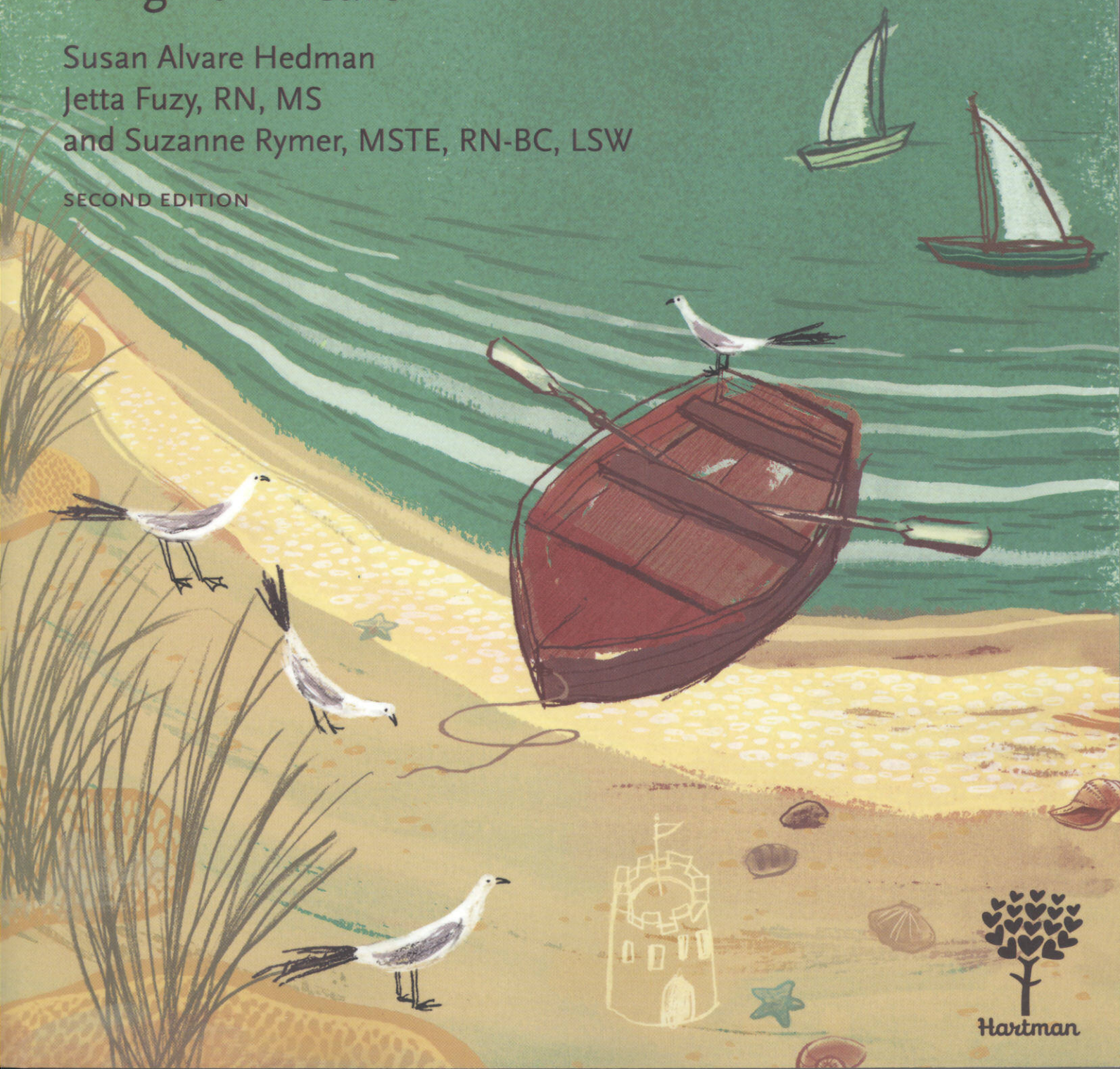
## Long-Term Care

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SECOND EDITION

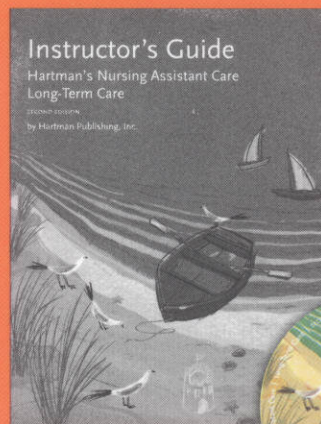
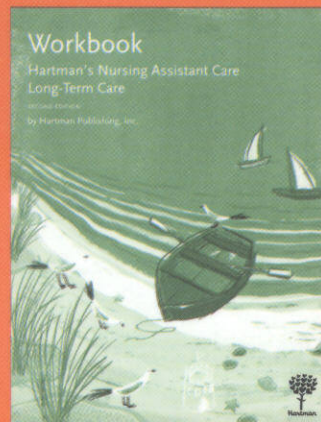


We created *Hartman's Nursing Assistant Care: Long-Term Care* with you in mind. Within these pages, you'll find clearly-written care guidelines and detailed procedures for working in long-term care. Our textbook and accompanying student workbook teach you how to give compassionate, holistic, and respectful care.

- 1 Understanding Healthcare Settings
- 2 The Nursing Assistant and The Care Team
- 3 Legal and Ethical Issues
- 4 Communication and Cultural Diversity
- 5 Preventing Infection
- 6 Safety and Body Mechanics
- 7 Emergency Care and Disaster Preparation
- 8 Human Needs and Human Development
- 9 The Healthy Human Body
- 10 Positioning, Lifting, and Moving
- 11 Admitting, Transferring, and Discharging
- 12 The Resident's Unit
- 13 Personal Care Skills
- 14 Basic Nursing Skills
- 15 Nutrition and Hydration
- 16 Urinary Elimination
- 17 Bowel Elimination
- 18 Common Chronic and Acute Conditions
- 19 Confusion, Dementia, and Alzheimer's Disease
- 20 Mental Health and Mental Illness
- 21 Rehabilitation and Restorative Care
- 22 Special Care Skills
- 23 Death and Dying
- 24 Caring for Your Career and Yourself

With a **Glossary** of terms and list of **Abbreviations** for easy reference.

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